Key Stage 1-Food Glorious Food-Autumn 1 2019

Week 1:



Week 2:



Week 3:







Week 5:







Session 1: Immersion Day—Supertato Superheroes!

LO: To investigate a range of materials and processes.

Design and make another vegetable superhero using real vegetables and a range of materials.



Session 2: Immersion Day—Giuseppe Arcimboldi

LO: To learn about the work of an artist.

Using a photo of their face and images of fruit and vegetables, children make a piece of artwork like the artist Giuseppe Arcimboldi.



Session 3: Immersion Day—Vegetable Collages

LO: To develop a wide range of art and design techniaues.

Children to create a collage fruit or vegetable for bunting style display in classroom.



Week 7:

Session 4: Science Baseline

LO: To have an initial discussion on healthy eating, what they already know and what they would like to

Children to discuss what they know about healthy eating and what they would like to



Session 5: The Fundamental Five

LO: To describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.

Children to categorise food into the food groups.



Session 6: What's on Your plate?

LO: To describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.

Children to create the Eat Well food plate. Year 1 children to complete practically

Session 7: Salads or Sweets?

LO: To describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.

Children to design and analyse their own Eat Well food plate.



Session 8: Human Geography Trip to Tesco

LO: To use simple filed work skills.

Children to create a shopping list and then walk to Tesco to buy their items. Children to select different foods from different countries.



Session 9: Sort Shopping Bag of Food.

LO: To ask geographical questions and use maps.

Children to sort the food into where it has been grown using a map to show this. Children to place these food items on a map from looking at where they have been grown.



Session 10: Understand Where Food Comes From.

LO: To use maps to observe where places are located around the world.

Children to use maps and information to understand where chocolate comes from and how it is made.



Session 11: Exciting Exercise

L.O. To describe the importance of exercise.

Children to describe the exercises they complete and for how long.





LO. To describe the importance of hygiene.

Children to design and create a hygiene poster for washing hands.



