

eats.

Week 1

Week One commencing:

7th September, 28th September, 19th October,
16th November, 7th December, 11th January 2021,
1st February 2021, 1st March 2021, 22nd March 2021

Monday

Margherita Pizza
with Herb Diced Potatoes
or
Vegetarian Pasta Bolognese

Side Salad
Peas and Sweetcorn

Strawberry Whip
& Shortbread

Tuesday

Meatballs in Tomato Sauce
with Pasta Twists
or
Vegetable Frittata & Potato Wedges

Mixed Vegetables

Flapjack and Fruit Wedge

Thursday

Traditional Roast Beef,
Yorkshire Pudding and Gravy
or
Cheese & Potato Pie

Carrots and Cabbage

Iced Carrot Cake

Friday

Crispy Baked Fish Fillet
or
Vegetarian Hot Dog

Oven baked Chips
Baked Beans
Garden Peas

Fruity Friday – A choice of
Fruit Jelly, Fruit Yoghurt
or Fresh Fruit Salad

Wednesday

Sausage Roll
& Herb Diced Potato
or
Tomato & Vegetable Pasta with Garlic
slice

Garden Peas & Carrots

Chocolate Crunch
& Chocolate Sauce

Available every day –

Homemade fresh (wholegrain) bread, a selection of at least three different kinds of fresh salad, extra fruit, cheese & biscuits, flavoured yogurt, strawberry or orange jelly. Some dishes may vary due to individual school preferences, policies and cultural consideration – a number of sites also offer additional options of a jacket potato with choice of fillings & or packed lunch – see schools website for details

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Week 2

Week Two commencing:

14th September, 5th October,
2nd November, 23rd November, 14th December,
18th January 2021, 8th February 2021, 8th March 2021

Monday

Southern Style Quorn
Burger in a Bun
or
Vegetarian Sausage Under Wraps

Baked Potato Wedges
Peas & Sweetcorn

Vanilla Crunch Slice

Tuesday

Italian Baked Chicken
or
Tomato & Cheddar Quiche

Herb Diced Potatoes
Carrots and Broccoli

Lemon Drizzle Sponge
& Fruit Wedge

Thursday

Traditional Roast Chicken
or
Cauliflower & Broccoli Bake

Roast Potatoes
Carrots and Cabbage

Toffee Cream Tart

Wednesday

Pork Sausages, Mash & Gravy
or
Vegetable Bean Burger,
Mash & Gravy

Sweetcorn & Green Beans

Chocolate Brownie

Friday

Baked Fish Fingers
or
Vegan Nuggets

Oven Baked Chips
Baked Beans
Garden Peas

Fruity Friday - A choice of
Fruit Jelly, Fruit Yoghurt
or Fresh Fruit Salad

Available every day -

Homemade fresh (wholegrain) bread, a selection of at least three different kinds of fresh salad, extra fruit, cheese & biscuits, flavoured yogurt, strawberry or orange jelly. Some dishes may vary due to individual school preferences, policies and cultural consideration - a number of sites also offer additional options of a jacket potato with choice of fillings & or packed lunch - see schools website for details

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Week 3

Week Three commencing:

21st September, 12th October, 9th November,
30th November, 4th January 2021, 25th January 2021,
22nd February 2021, 15th March 2021

Monday

Neapolitan Pizza
or
Sweet Potato
& Salmon Fishcake

Herb Diced Potatoes
& Mixed Vegetables

Iced Sponge Cake

Tuesday

Pork & Apple Burger
with Potato Wedges
or
Vegetable lasagne
& Garlic Slice

Carrots and Peas

Marbled Cookie
& Fruit portion

Thursday

Traditional Roast Pork
or
Veggie Toad in the Hole

Roast Potatoes
Carrots and Cabbage

Raspberry Ripple
Ice Cream Pot

Friday

Crispy Baked Fish Fillet
or
Crunchy Vegetable Fingers

Oven baked Chips
Baked Beans
Garden Peas

Fruity Friday - A choice of
Fruit Jelly, Fruit Yoghurt
or Fresh Fruit Salad

Wednesday

Mac n' Cheese
or
Chicken in Gravy with a Pastry Top
& Mashed Potatoes

Green Beans and Sweetcorn

Chocolate Rice Krispie Cake

Available every day -

Homemade fresh (wholegrain) bread, a selection of at least three different kinds of fresh salad, extra fruit, cheese & biscuits, flavoured yogurt, strawberry or orange jelly. Some dishes may vary due to individual school preferences, policies and cultural consideration - a number of sites also offer additional options of a jacket potato with choice of fillings & or packed lunch - see schools website for details

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